

YOU'RE ALWAYS GOING TO QUIT. CANCER ISN'T.

People who begin smoking never think they'll be long-term smokers. But the longer they smoke, the harder it is to quit.

We can help. The Illinois Tobacco Quitline is a free resource and offers a staff of nurses and certified tobacco counselors to help create a plan just for you.



Success stories:
QuitYes.org



1-866-QUIT-YES
Se habla español.

#QuitYes   1-866-784-8937