

# QUIT for 9 months.

## QUIT for good.

You've quit for nine months — great!  
Now quit for good.

Our nurses and certified tobacco counselors are with you every step. Free counseling and treatment plans.



[QuitYes.org](http://QuitYes.org)



ILLINOIS TOBACCO  
**QUITLINE**

ILLINOIS DEPARTMENT OF PUBLIC HEALTH  
AMERICAN LUNG ASSOCIATION IN ILLINOIS

# 1-866-QUIT-YES

1-866-784-8937

Se habla español.