



OUR LINE OR YOURS?

Get your health out of the tank and reach for our life line instead. Nurses and certified tobacco counselors are with you every step of the quitting process. They understand — some are former smokers, too. Free counseling and treatment plans.



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ILLINOIS TOBACCO
QUITLINE
ILLINOIS DEPARTMENT OF PUBLIC HEALTH
AMERICAN LUNG ASSOCIATION IN ILLINOIS

1-866-QUIT-YES

1-866-784-8937

Se habla español.