

BREAK AWAY FROM THE PACK.

Most smokers try quitting 5-7 times; we help you quit for good.

Our nurses and certified tobacco counselors are with you every step of the quitting process. They understand — some are former smokers, too. Free counseling and treatment plans.



QuitYes.org



ILLINOIS TOBACCO
QUITLINE
ILLINOIS DEPARTMENT OF PUBLIC HEALTH
AMERICAN LUNG ASSOCIATION IN ILLINOIS

1-866-QUIT-YES

1-866-784-8937

Se habla español.